



Come Follow Me

HOMESCHOOL & FAMILY CURRICULUM
GRADES K-3

Week of October 5th, 2026

Isaiah 50-57

Monday

“He Hath Borne Our Griefs, and Carried Our Sorrows”



Isaiah loved to teach us about Jesus Christ and how much Christ loves us.



Isaiah teaches us that Jesus would come to earth one day and feel our sadness and pain so He could help us.



Some people expected and wanted Christ to come like a big strong lion and conquer their enemies, but instead he came like a gentle lamb to serve and conquer death and sin.



Isaiah also teaches us that even when people were mean to Jesus, He still chose to love everyone. Christ invites all to come to Him. He stays close, carries our worries, and helps us feel better when life is really hard. Even if we make mistakes, Jesus can help us feel clean, happy, and safe again.

Copy the scripture from Isaiah 53:5 in your best handwriting. Some big words are in this verse:

transgressions



means breaking a rule—like coloring on the wall even though you were told not to.



iniquities



means making bad choices—like being mean on purpose or lying to get out of trouble.



chastisement



means a punishment that teaches you—like losing screen time because you didn't listen.

He was wounded for our
transgressions, he was bruised for
our iniquities: the chastisement of
our peace was upon him; and with
his stripes we are healed.

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Takeaway: Isaiah taught us that when we feel far away from God, He still wants us to come back and stay in the light with Him. But what can YOU do? You can try to follow Jesus by treating others well. You can listen to your parents and try to make good choices. And when you are sad? You can say a prayer in your heart and ask for comfort.

Tuesday The Lord invites me to “Put on my strength.”

Your body can be strong and healthy when you take good care of it. Write or draw 3 specific things that help your body grown, stay healthy, and feel energized:



The Lord wants us also to stay strong spiritually! Isaiah tells us to “put on our strength”, “stand up” and “awake!”. Write or draw 3 specific ways we can stay strong spiritually and be energized to serve the Lord:



Isaiah shares with us what the Lord wants His people to do to be spiritually strong and ready for any battle. Read the scripture and draw a line to match it to the correct picture below.

Isaiah 51

7

Hearken unto me, ye that know righteousness, the people in whose heart is my law; fear ye not the reproach of men, neither be ye afraid of their revilings.

Isaiah 51

9

Awake, awake, put on strength, O arm of the Lord; awake, as in the ancient days, in the generations of old. Art thou not it that hath cut Rahab, and wounded the dragon?

Isaiah 52

1

Awake, awake; put on thy strength, O Zion; put on thy beautiful garments.

Isaiah 52

9

Break forth into joy, sing together, ye waste places of Jerusalem: for the Lord hath comforted his people, he hath redeemed Jerusalem.



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Takeaway: Isaiah is teaching us that being spiritually strong isn't about muscles - it's about your heart: awakening to the truths and commandments of God, putting on our spiritual armor against the devil, and using our voice to connect with God in prayer and song. When we connect with God we are connecting with the ultimate power source of strength!

Wednesday Jesus Christ bore my sins and sorrows.

Isaiah had the chance to see Jesus Christ hundreds of years before Christ was born. Isaiah saw His birth, His life, and His death. Other prophets also witnessed these things. Why do you think it was important for people to know of Christ before He came? Write (or dictate) your answer:

Let's read some of the things Isaiah saw and draw a line to the picture that matches the verse:

Isaiah 53

verse

3

He is despised and rejected of men; a man of sorrows, and acquainted with grief: and we hid as it were our faces from him; he was despised, and we esteemed him not.



Kid friendly version:

"He was treated badly and people didn't want Him around. He knew what sadness felt like, and many people ignored Him."

verse

4

Surely he hath borne our griefs, and carried our sorrows: yet we did esteem him stricken, smitten of God, and afflicted.



Kid friendly version:

"He carried our sadness and took on our pain. People thought God was punishing Him, but He was really helping us."

verse

5

But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed.



Kid friendly version:

"He was hurt because of our wrong choices. He suffered so we could be forgiven. Because of Him, we can be healed inside."

verse

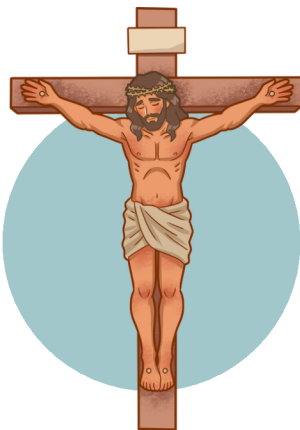
6

All we like sheep have gone astray; we have turned every one to his own way, and the Lord hath laid on him the iniquity of us all.



Kid friendly version:

"We all make mistakes and go our own way, like sheep wandering off. But Christ took that burden on so He could help bring us home."



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Takeaway: The love and sacrifice of our Savior was done because He loves each one of us with all His heart. You can remember this sacrifice when you kneel in prayer by thanking your Savior for His love and help. Christ understands you, He knows YOU, and He loves you!

Thursday

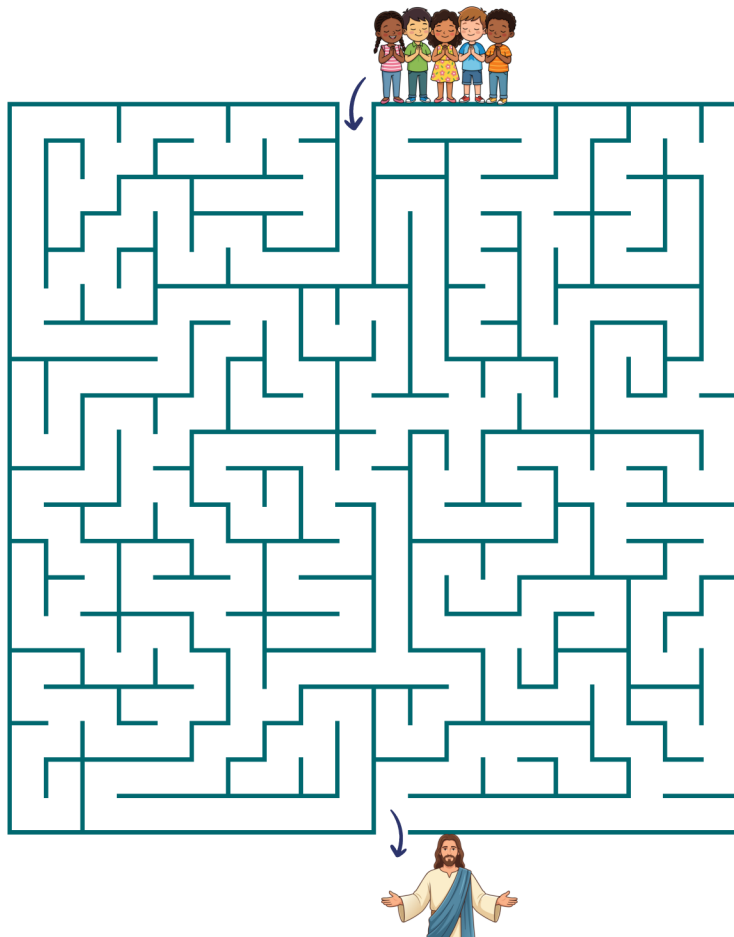
I can seek the Lord and call upon Him.

Listen and sing along with the song, “I’ll Seek the Lord Early”. (Suggestion: “Seek the Lord Early | LDS Primary Song Sing Along” on the YouTube channel LDS Primary Songs Sing Along).

The Lord isn’t hiding from us or playing a game of hide-and-seek. When scripture tells us to “seek the Lord,” it means we should look for His influence in our lives. We try to notice how He answers our prayers and pay attention to the quiet promptings He sends. God knows each of us so well that He speaks in ways we can understand. Some people get good ideas in their minds, others have meaningful dreams, and some feel warm, peaceful feelings when they hear or read something God wants them to know.

Isaiah taught us in Isaiah 55:6 “Seek ye the Lord while he may be found, call ye upon him while he is near.” Copy the scripture, complete the maze, and play a hide and seek game.

“Seek ye the Lord while He may
be found, call ye upon Him while
He is near.”



Now it’s time to play real Hide and Seek — but with a special twist. Choose something that represents Christ (like a picture, a small Christ figurine, or your scriptures) and take turns hiding it with your parent or siblings.

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Takeaway: Your Savior is involved in your life every day. Sometimes it’s hard to notice the ways He shows His love, but one way to start seeing His help more clearly is to record those moments as a family. Choose a notebook and invite each family member to write down a time when they felt a prayer was answered. Keep adding to it each week by asking if anyone has another experience they want to share.

Friday

The Lord's ways are higher than mine.

Copy the scripture from Isaiah 55:9

For as the heavens are higher
than the earth, so are my ways
higher than your ways, and my
thoughts than your thoughts.

God understands everything, even things we don't. He sees the whole picture, so His plans are always wiser and bigger than ours. Using the space below, or on a separate piece of paper, create a drawing of God taking care of the Earth. You can use marker, pencil, crayons, paint, or playdough to create your art piece.

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Help (for parents)



On Friday there is an opportunity to create an art project. I would suggest going through a few examples with the kids to generate ideas of what they can make. I have listed some below along with the artists name but a quick search “God loves the earth” will help you find many more!

I love the talk by Elder Uchtdorf “Happiness, Your Heritage” from October 2008. He said, “The desire to create is one of the deepest yearnings of the human soul. No matter our talents, education, backgrounds, or abilities, we each have an inherent wish to create something that did not exist before.

“Everyone can create. You don’t need money, position, or influence in order to create something of substance or beauty.

“Creation brings deep satisfaction and fulfillment. We develop ourselves and others when we take unorganized matter into our hands and mold it into something of beauty.”



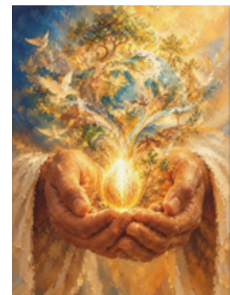
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Unknown artist



© Patricia Trigo



© Maximus



© Unfold



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Come Follow Me

HOMESCHOOL CURRICULUM
GRADES 4-8



Week of October 5th, 2026

Isaiah 50-57

Monday

“Comfort Ye My People”



Isaiah taught the Israelites that God would send a deliverer, or Savior. When the Israelites were trapped in Babylon, they probably imagined a powerful hero who would break down walls and defeat armies. But Isaiah explained that the real Messiah—Jesus Christ—would come in a very different way.



Instead of being a fierce warrior, Jesus would be rejected, sad, and familiar with pain. People wouldn't understand Him or treat Him kindly. Isaiah said He would be like a lamb, gentle and willing to suffer, instead of a roaring lion.



God was teaching an important lesson: True deliverance doesn't always look powerful on the outside. Jesus saves us not by fighting battles, but by taking our pain, sins, and struggles onto Himself. He frees us by stepping into our suffering and carrying it with love.

Copy the scripture from Isaiah 53:5. Here are some helpful vocabulary definitions for this verse:

transgressions

means breaking a rule—like crossing a line you were told not to cross.



iniquities



means making bad choices—like being mean on purpose or lying to get out of trouble.



chastisement



A correction or consequence meant to help you learn and do better.

He was wounded for our Transgressions.
he was bruised for our iniquities: The
chastisement of our peace was upon him:
and with his stripes we are healed

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Takeaway: Isaiah teaches that God's ways are different from ours. We might expect strength to look loud and forceful, but Jesus shows that the greatest strength is love, sacrifice, and staying with us through hard times.

Tuesday

The future is bright for the Lord's people.

The future is bright! You have so many opportunities ahead of you. What are 3 things that you want to accomplish or do in the next year or two? It could be simple, such as making something, or it could be big! Maybe you want to travel somewhere interesting. Write down your 3 goals in the boxes:

The Israelites struggled at times, and other times they flourished. During the years where they were struggling, mostly due to bad choices, the Lord STILL wanted them to look to the future with hope. Read the words of Isaiah and then fill in the columns. The first one has been done to help you!

Words of Isaiah	What I can learn about God	How I can apply this to my life
Isaiah 50:7-8	The Lord will help me be strong against my enemies	When I turn my heart to the Lord and pray to Him he can give me strength against my enemies and know how to overcome.
Isaiah 51:6-8		
Isaiah 51:22-23		
Isaiah 52:9-10		

President Nelson taught: "We have so much to look forward to! The Lord placed you here now because He knew you had the capacity to negotiate the complexities of the latter part of these latter days. I am not saying that the days ahead will be easy, but I promise you that the future will be glorious for those who are prepared and who continue to prepare to be instruments in the Lord's hands."

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Takeaway: Just like your parents are excited and eager for you to accomplish your dreams in this life, so is your Savior. YOU have been saved for such a time as this. The Lord will strengthen you to accomplish your righteous desires as you turn your heart to Him. When you pray, pray for strength, understanding, direction, and additional light to keep your path bright.

Wednesday

Jesus Christ took upon Himself my sins and sorrows.

Isaiah had the chance to see Jesus Christ hundreds of years before Christ was born. Isaiah saw His birth, His life, and His death. Other prophets also witnessed these things. Why do you think it was important for people to know of Christ before He came? Write (or dictate) your answer:

On the Gospel Library app search up the video “My Kingdom Is Not of This World” to watch. Then, read some of the things Isaiah saw and recorded in Isaiah 53, and draw a line to the picture that matches the verse:

Isaiah 53

verse

3

He is despised and rejected of men; a man of sorrows, and acquainted with grief: and we hid as it were our faces from him; he was despised, and we esteemed him not.



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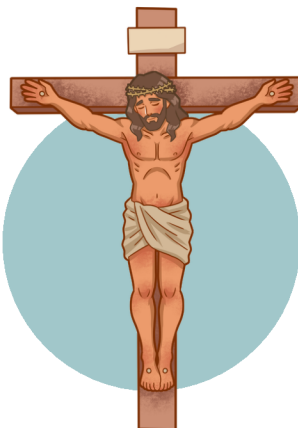
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Takeaway: The love and sacrifice of our Savior was done because He loves each one of us with all His heart. You can remember this sacrifice when you kneel in prayer by thanking your Savior for His love and help. Christ understands you, He knows YOU, and He loves you!

Thursday

The Lord will NEVER forget me.

Everyone has moments when they feel far away from the Lord—maybe because of mistakes, guilt, or just feeling discouraged. Isaiah teaches that Jesus doesn't give up on you, even when you feel like giving up on yourself.

Read Isaiah 54:4–10.

These verses show that the Savior feels love, kindness, and deep compassion toward you and all the children of God. Find the following phrases in these verses and underline them. Write what you think it means below:

ISAIAH 54 SAYS:

FEAR NOT:



WITH EVERLASTING
KINDNESS WILL I HAVE
MERCY ON THEE:



MY KINDNESS SHALL
NOT DEPART FROM
THEE:



I WILL GATHER
THEE:



WHAT IT MEANS TO ME

My arm of mercy is extended

Towards you, and whosoever will come

him will I receive.

3 Nephi 9:14

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Takeaway: Elder Kearon taught a lesson you should file away in your heart for anytime you need to repent or make changes: “He did not cast away the woman with the issue of blood; He did not recoil from the leper; He did not reject the woman taken in adultery; He did not refuse the penitent—no matter their sin. And He will not refuse you or those you love when you bring to Him your broken hearts and contrite spirits. That is not His intent or His design, nor His plan, purpose, wish, or hope. No, He does not put up roadblocks and barriers; He removes them. He does not keep you out; He welcomes you in. His entire ministry was a living declaration of this intent.”

Friday

The Lord invites all to “take hold of my covenant”

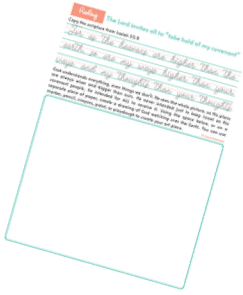
Copy the scripture from Isaiah 55:9

For as the heavens are higher than the
earth, so are my ways higher than your
ways, and my thoughts than your thoughts.

God understands everything, even things we don't. He sees the whole picture, so His plans are always wiser and bigger than ours. He never intended just to keep Israel as His covenant people, He intended for ALL to receive it. Using the space below, or on a separate piece of paper, create a drawing of God watching over the Earth. You can use marker, pencil, crayons, paint, or playdough to create your art piece.

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Help (for parents)

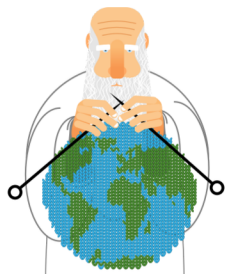


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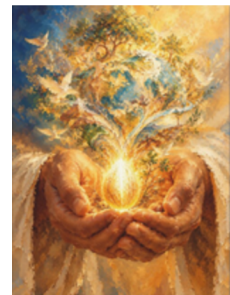
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Unknown artist



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