

Come follow Me

HOMESCHOOL & FAMILY CURRICULUM
GRADES K-3

Week of October 26th, 2026
Jeremiah 31–33; 36–39; Lamentations 1; 3

Monday

Heavenly Father and Jesus love me "with an everlasting love."

Jeremiah was a prophet who taught people to stop doing wrong things and start doing good things. God wanted His people to change their hearts, not just pretend to be good on the outside.

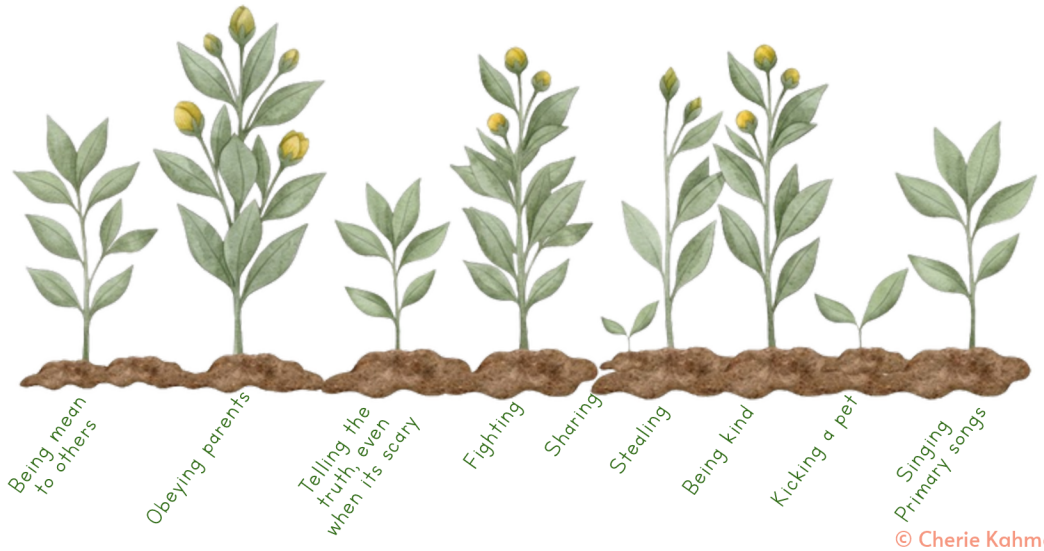


Sometimes we make mistakes and feel sad. Jesus can help us start over, just like planting a new garden after pulling out weeds. When we follow Him, He can help turn our sadness into joy.

Copy the scripture from Jeremiah 31:3 in your best handwriting. The Lord tells Jeremiah in this verse that even when people make mistakes He still wants to "draw" them in because he loves them. He's not talking about drawing a picture, draw can mean to pull or guide towards.

Yea, I have loved thee with an everlasting love: therefore with loving kindness have I drawn thee.

Gardens, like our hearts, need to be tended to. When we make good decisions good grows within us. When we keep making bad decisions, our hearts draw away from God. In this garden decide which plant needs to be taken out. Draw an X through the plants that need to be pulled out, and draw a heart over the plants that should stay.



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Takeaway: What can we learn from this? I can choose good things instead of bad things to help goodness grow in my heart. Think of one "weed" in your life (a bad habit) you can pull out this week, and one healthy flower (a good habit) you can replace it with. If you are struggling then ask God for help! He loves you and wants to help us draw closer to Him.

Tuesday The scriptures are the word of God.

Prophets listen to God carefully, and He speaks to them. Watch the video, "Jeremiah the Prophet" by Latter Day Kids on YouTube.



Prophets help us know what words God wants to share with us. God told Jeremiah that he should write down all the prophesies and important things God wanted the people to share. Jeremiah obeyed.

Jeremiah asked Baruch to help him write down all that God asked. They worked hard and put it together. But not everything was easy. Study the pictures and what happened to Jeremiah.



God spoke to Jeremiah. Baruch wrote His word.

Baruch read God's words to the people.

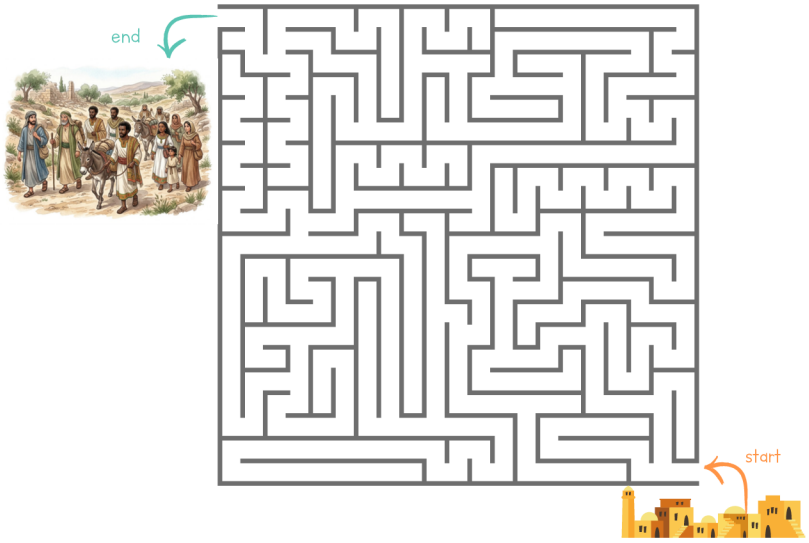
The king was angry. He burned the word of God.

God spoke to Jeremiah again. Baruch wrote God's words again.

The King didn't want to listen to God. He threw Jeremiah in a dungeon.

What do you think happened next? Write a sentence or draw a picture in this box.

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Jeremiah was eventually rescued by some friends (you will read about that on Thursday), and Jerusalem was captured by Babylon.

When we follow the Lord's commandments it doesn't always mean that it will be easy. But the Lord will warn us through the prophets if we will listen. He wants to help us.

Maze: Help Jeremiah listen to the Lord to escape Jerusalem and go to safety with his friends.

Wednesday God will help me keep my covenants.

The Lord was sad as the Israelites were taken away by Babylon. They had broken their covenants and promises and had become separated. But God promised through Jeremiah (31:31-34) that one day they would begin to return and He will make a brand new, special agreement with His people that is based on a new covenant. Instead of writing His instructions on stone, He will write them directly on everyone's hearts and minds so they will naturally want to do what is right. The Lord said that everyone will know Him as a close friend, and He atonement would be to forgive all of their past mistakes and bring them back to God again.

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Old Testament

In the box:
Draw the 2 stones with the
Ten Commandments

New Testament

In the box:
Draw a heart and the Holy Ghost
(put it in the form of a white dove)

Old Testament contains:
Abrahamic covenant, laws, history, poetry, wisdom, prophets, prophesies of Christ.

New Testament contains:
Jesus Christ (birth, life, teachings, and death), new covenant, gospel, apostles, letters, prophesies of Christ's return

Fun fact! Did you know...this was the time when Lehi also was commanded to flee Jerusalem. The Lord sent Lehi and his family also to safety and they were commanded to bring the scriptures with them. Lehi and Jeremiah were both prophets and they both listened to the Lord. Read Helaman 8:20-21



Takeaway: Listen carefully to the words the prophets share with us at General Conference! They will teach you what the Lord wants you to know!

Thursday I can stand up for what is right.

Untold heroes are found throughout history. One man in particular could easily be overlooked. His name was Ebed-melech, a man from Ethiopia serving in the court of the King.

Jeremiah was in a pit of mud. He had followed the Lord's commands, had tried to do what was right, but the king threw him in there anyway.

God put into the heart of Ebed-melech to save Jeremiah. He was brave and went to the King, asking if he could bring Jeremiah some food. He was worried about him.

The King allowed Ebed-melech to help Jeremiah.

Ebed-melech gathered men, rope, and cloth, then went to pull Jeremiah from the pit of despair. He helped him return and took care of him while transporting him back. Even though Jeremiah still was a prisoner, Ebed-melech saved his life.

Later when the armies came to capture Jerusalem, Jeremiah found Ebed-melech. Copy what Jeremiah said to his friend in Jeremiah 39: 17-18.

"I will deliver thee in that day" saith the Lord "and thou shalt not be given into the hand of the men of whom thou art afraid."



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Why did the Lord save Ebed-melech?

Takeaway: The Lord may prompt you during your life to help others. Just like Ebed-melech we can step up and do what is right. Next time you have a little thought pass through your mind to do something important to help someone, listen to that prompting and follow what God is placing in your heart.

Friday

The Savior made it possible for me to be forgiven of my sins.

Jeremiah wrote another book he called "Lamentations." Lamentations mean sorrow. What do you think made Jeremiah so sad? In the box, draw a picture of something that makes you feel "lamentations."

Lamentations



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I feel sorrow when: _____

Jeremiah was sad. The Israelites were cut off from God and the separation made him cry. Copy in your best handwriting what he wrote in Lamentations 1:16

For these things I weep; mine eye runneth down with water, because the comforter that should relieve my soul is far from me: because the enemy prevailed.

Takeaway: The Lord gave us many emotions, and it is normal to feel all of them: happy, mad, sad, frustrated. Feeling sad is an emotion that God, prophets, parents, and all people feel. The Lord feels sad when we turn away from Him. He loves you so much and wants you to come home to Him, along with all His children.

Come follow Me

HOMESCHOOL CURRICULUM
GRADES 4–8



Week of October 26th, 2026
Jeremiah 31–33; 36–39; Lamentations 1; 3

Monday

"They shall be my people, and I will be their God."



Jeremiah was a prophet who taught people to stop doing wrong things and start doing good things. God wanted His people to change their hearts, not just pretend to be good on the outside. In Jerusalem at the time there was so much wickedness, and Jeremiah and a LOT of work to do to try and root out all the evil. His mission was to get the word out to the people and the King. Would he be succesful? Time would only tell.

Copy the scripture from Jeremiah 31:3 in your best handwriting. The Lord tells Jeremiah in this verse that even when people make mistakes He still wants to "draw" them in because he loves them. He's not talking about drawing a picture, draw in this case means to pull or guide towards.

"Yea, I have loved thee with an everlasting love, therefore with loving kindness have I drawn thee.

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Make 2 lists:
Good habits that draw you closer to God, and
bad habits that pull you further from God.

GOOD HABITS	BAD HABITS



Takeaway: What can we learn from this? God wants you to choose good things instead of bad things to help goodness grow in your heart. Think of one "weed" in your life (a bad habit) you can pull out this week, and one healthy flower (a good habit) you can replace it with. If you are struggling ask God for help! He loves you and wants to help you draw closer to Him.

Tuesday — The scriptures have power to turn me away from evil.

Prophets listen to God carefully, and He speaks directly to them. Watch the video, "Book of Jeremiah Summary" by BibleProject on YouTube.



Prophets help us know what words God wants to share with us. God told Jeremiah that he should write down all the prophesies and important things God wanted the people to share. Jeremiah obeyed.

Jeremiah asked Baruch to help him write down all that God asked. They worked hard and put it together. But not everything was easy. Study the pictures and what happened to Jeremiah.



God spoke to Jeremiah. Baruch wrote His word.

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Answer the following questions based on the video and what we have learned so far about the prophet Jeremiah:

? The people of Israel had broken their covenants with God. Choose one:

- ◯ True
- ◯ False

? Who in Israel had become corrupt? Check all that are correct.

- ◯ Priests
- ◯ Kings
- ◯ Prophets
- ◯ People

? Who was coming to destroy & invade Israel? Choose all that apply.

- ◯ Egypt
- ◯ Rome
- ◯ Babylon
- ◯ The Avengers

? Who would come to save the people of Israel and bring them to a new covenant?

- ◯ Jesus Christ

Takeaway: Jeremiah's story shows that prophets don't always have it easy, even when they are obeying God. Our God in his everlasting wisdom never takes the agency away from others. But still, the Lord will send comfort and help us through our trials. He will send warnings through the prophets and help through angels both on this side of the veil and the heavenly side.

Wednesday Be firm in following God's prophets.

The Lord was sad as the Israelites were taken away by Babylon. They had broken their covenants and promises and had become separated. They refused to listen to the prophet's warnings. But God promised through Jeremiah (31:31-34) that one day they would begin to return and He will make a brand new, special agreement with His people that is based on a new covenant. Instead of writing His instructions on stone, He will write them directly on everyone's hearts and minds so they will naturally want to do what is right. The Lord said that everyone will know Him as a close friend, and He atonement would be to forgive all of their past mistakes and bring them back to God again.

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Old Testament

In the box:
Draw something that represents the Old Testament. Use the word bank at the bottom if necessary.

New Testament

In the box:
Draw something that represents the New Testament. Use the word bank at the bottom if necessary.

Old Testament contains:
Abrahamic covenant, laws, history, poetry, wisdom, prophets, prophesies of Christ.

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Takeaway: Listen carefully to the words the prophets share with us at General Conference! They will teach you what the Lord wants you to know and keep you on the iron rod, leading to the Savior.

Thursday I can be bold in standing up for what is right.

Untold heroes are found throughout history. One man in particular could easily be overlooked. His name was Ebed-melech, a man from Ethiopia serving in the court of the King. His story is found in Jeremiah 38-39.

Jeremiah was thrown in a pit of mud, with no food and no hope. He had followed the Lord's commands, had tried to do what was right, but the king threw him in there anyway.

God put into the heart of Ebed-melech to save Jeremiah. He was brave and went to the King, asking if he could bring Jeremiah some food. He was worried about him.

The King allowed Ebed-melech to help Jeremiah.

Ebed-melech gathered men, rope, and cloth, then went to pull Jeremiah from the pit of despair. He helped him return and took care of him while transporting him back. Even though Jeremiah still was a prisoner, Ebed-melech saved his life.

Later when the armies came to capture Jerusalem, Jeremiah found Ebed-melech. Copy what Jeremiah said to his friend in Jeremiah 39: 17-18.

"I will deliver thee in that day" saith the Lord "and thou shalt not be given into the hand of the men of whom thou art afraid."

Why did the Lord remember and save Ebed-melech?



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Takeaway: The Lord may prompt you during your life to help others. Just like Ebed-melech we can step up and do what is right. Next time you have a little thought pass through your mind to do something important to help someone, listen to that prompting and follow what God is placing in your heart.

Friday

The Lord can relieve the sorrow I experience because of sin.

Jeremiah wrote another book he called "Lamentations." Lamentations mean sorrow. Jeremiah wasn't the only one sad, the Lord was sad also. In the box, write or draw a picture of something that makes you feel "lamentations."

Lamentations



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I feel sorrow when: _____

_____

Jeremiah was sad. The Israelites were cut off from God and the separation made him weep. Copy in your best handwriting what he wrote in Lamentations 1:16.

For these things I weep; mine eye runneth down with water, because the comforter that should relieve my soul is far from me: because the enemy prevailed.

Takeaway: The Lord gave us many emotions, and it is normal to feel all of them: happy, mad, sad, frustrated. Feeling sad is an emotion that God, prophets, parents, and all people feel. The Lord feels sad when we turn away from Him. He loves you so much and wants you to come home to Him, along with all His children.