Special Parent Instructions

This week, the kids and teens will be reading through the book of Jeremiah.
One of the topics they'll explore is Jeremiah watching a potter create a masterpiece on the potter's wheel. A great extension activity would be to have clay or modeling clay ready on Tuesday and spend some time making art together.

On Friday, the kids and teens will go fishing. I included this in the older-kids section intentionally—teens need to play! Use some creativity to make the game more challenging for them: try playing blindfolded, or take it outside with an extra-long string so they have to cast and catch from a distance.

To add a fun science element, you could also have the older kids or teens build their own fishing reel or rod. There are plenty of tutorials on YouTube, including 3D-printed versions, and it should provide an engaging challenge for them as well.





Cherie





Come follow Me

HOMESCHOOL & FAMILY CURRICULUM
GRADES K-3

Week of October 19th, 2026
Jeremiah 1–3; 7; 16–18; 20

Monday

"Before I Formed Thee in the Belly I Knew Thee"



Jeremiah didn't think he could be a prophet because he felt too young and didn't know what to say. But God told him, "I will help you." God had chosen Jeremiah even before he was born, so Jeremiah trusted God and did what he was asked to do. He taught the people even when it was hard, because God's words felt like a warm fire in his heart.

Copy the scripture from Jeremiah 1:9 in your best handwriting.

Then the Lord put forth his hand, and touched my mouth. And the Lord said unto me, "Behold, I have put my words in thy mouth."

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We just had a chance to hear our prophet, President Dallin H. Oaks speak at General Conference. Just like Jeremiah the Lord can help put important words in our prophets mouth. Read these inspired thoughts our prophet shared at conference:

"HOLD ON TO THE FIRST ARTICLE OF FAITH, EVEN IF SOMETHING ELSE IS UNCERTAIN."

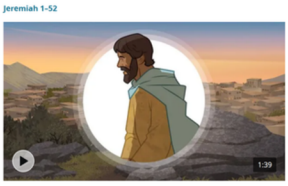


"TRUTH IS TO BE FOUND HERE — TRUTH ABOUT THE TEACHINGS OF THE LORD AND TRUTH ABOUT THE COVENANT PATH THAT WILL LEAD US TO OUR DESTINY — THE DESTINY DESIRED BY OUR HEAVENLY FATHER."

Takeaway: Jeremiah's story is like yours. God knew you before you were born, too. He has a special job for you, and He will help you be brave. You don't have to be scared, because God is with you. When you need to share your testimony, or be brave in a moment, you can pray to God that He will fill your heart and mind with the right words, just like Jeremiah.

Tuesday Prophets are called to speak the words of the Lord.

Prophets listen to God carefully, and He speaks to them. Watch the video, "Jeremiah the Prophet" in Old Testament Stories.



Jeremiah the Prophet

Prophets help us know what words God wants to share with us. In each of the boxes draw a simple picture or symbol that goes with the things we can learn from Jeremiah.

Jeremiah was a prophet. God talked to him and helped him be brave.

Prophets teach people to stop doing wrong things and to follow God.

Prophets also help people feel hope and remember that God loves them.

Today we have a living prophet who helps us know what God wants.

Prophets help us take out bad things in our lives and plant good things, like kindness and faith.

We can know the prophet is called by God when we feel the Holy Spirit.

When the Lord calls us to do a special job, He can provide us with the help we need to accomplish His work. Carefully copy the words the Lord said to Jeremiah in 1:19.

"And they shall fight against thee;
but they shall not prevail against thee;
for I am with thee," saith the Lord,
"to deliver thee."

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Takeaway: Prophets listen to God and tell us what He wants us to do. God helped Jeremiah be brave, and He helps prophets today too. When we listen to the prophet, we can feel close to God and know He loves us.

Wednesday

I can let the Lord guide my life, like a potter shapes clay.

Long, long ago, God gave a special message to the prophet Jeremiah. God told him "Get up and walk down to the potter's house. When you get there, I will tell you what I want you to hear." Illustrate the rest of this story as you learn what happened next in Jeremiah 18:1-6.

Jeremiah put on his sandals and walked down the dusty road to the potter's house.

When Jeremiah arrived he saw a potter sitting at a spinning wooden wheel with a wet lump of clay.

The potter used his hands to push, press, and gently squeeze the clay as the wheel made it spin around. What was he making?

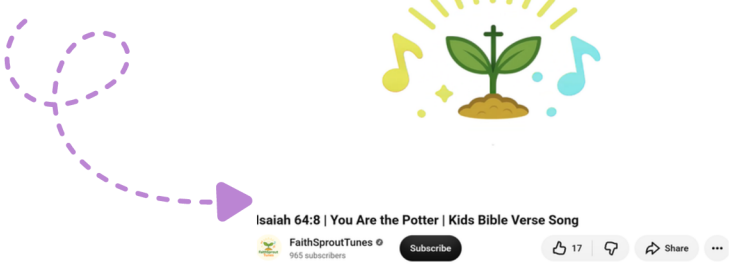
Suddenly, a little bump formed in the clay and it got squished out of shape. Maybe the potter would throw it away?

The potter didn't give up on it. With a gentle touch, he rolled it into a ball and started again.

When the potter was done he had made a brand-new, wonderful jar.

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Remember the prophet Isaiah? He also compare the Lord to a potter! Listen to this song on YouTube that highlights the words from Isaiah 64:8. (Isaiah 64:8, You Are the Potter, Kids Bible Verse Song" by FaithSproutTunes.



Takeaway: Heavenly Father is like the potter and we are the clay. Just like the soft clay on the spinning wheel, God is gently shaping our hearts and helping us learn to become more like Christ. Sometime we will make mistakes and have a bad day and get squished out of shape, but God keeps working with us .

Thursday — Heavenly Father knew me before I was born.

Jeremiah learned that God knew him even before he was born and had a special job for him. This helped Jeremiah feel brave and trust God. You are like Jeremiah—God knew you before you were born too, and He gave you important things to do. Learning this helps you remember that God loves you and will help you make good choices.

Trace the scripture from Jeremiah 1:5

Before I formed
you in the
belly I knew
you!

Draw a picture of yourself doing something you love.

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Match by drawing a line from the picture to the scripture concepts:







God knew Jeremiah before he was born.

God loves me and prepared a special mission for me.

God helps prophets speak and know what to say!

Finish this sentence:
I can follow God by...

Takeaway: The Lord didn't just know Jeremiah, He knew YOU too! You are a child of a Heavenly Father and Mother and they are so eager to help you on your journey. They watch over you, and prepare the way for you to come back home to them again after you finish your earthly mission.

Friday

I can help Heavenly Father's children come back to Him.

The Lord compares those doing the missionary work to gather scattered Israel to fishing and hunting. Watch the video by President Nelson about how YOU can help gather Israel. He invites us to look for those who want the gospel in every mountain, every hill, and under every rock! What does the Lord mean when he calls us hunters and fishers? Copy the verse from Jeremiah 16:16.



Video: A Message for Children from President Russell M. Nelson

I will send for many fishers and they shall fish them; and after will I send for many hunters, and they shall hunt them from every mountain.

© Cherie Kahmann

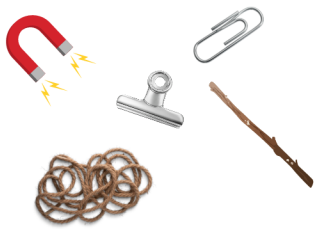


Today you will be a fisher gathering Israel. With the help of a parent or older sibling play a fishing game. First, you will need to build your rod. Instructions are below. Then, cut out your fish and then attach a paperclip to their mouth. (If the cutting of them is difficult for young hands, they can cut around each fish in an oval or rectangle.)

Fishing Rod Instructions:

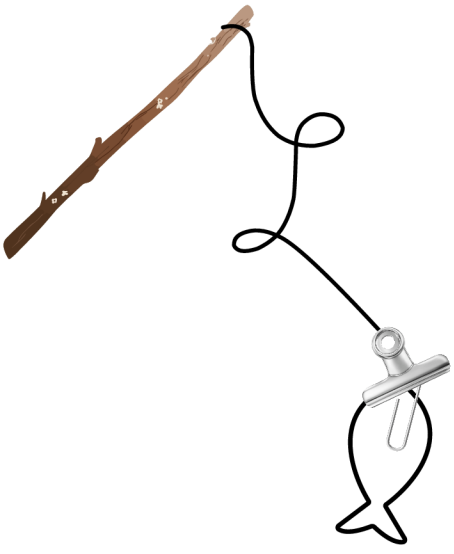
Materials:

- Wooden dowel/stick/pencil
- Long piece of string
- Magnet that can attach to the string
- 13 paperclips

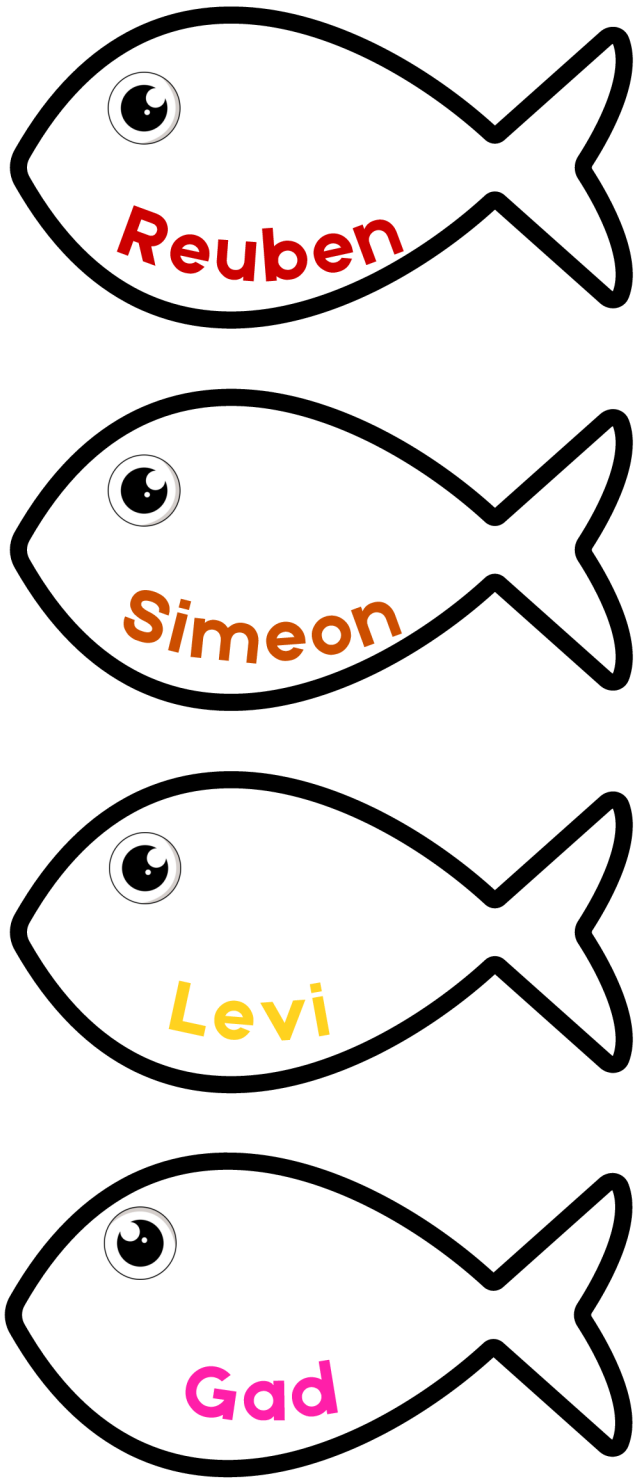


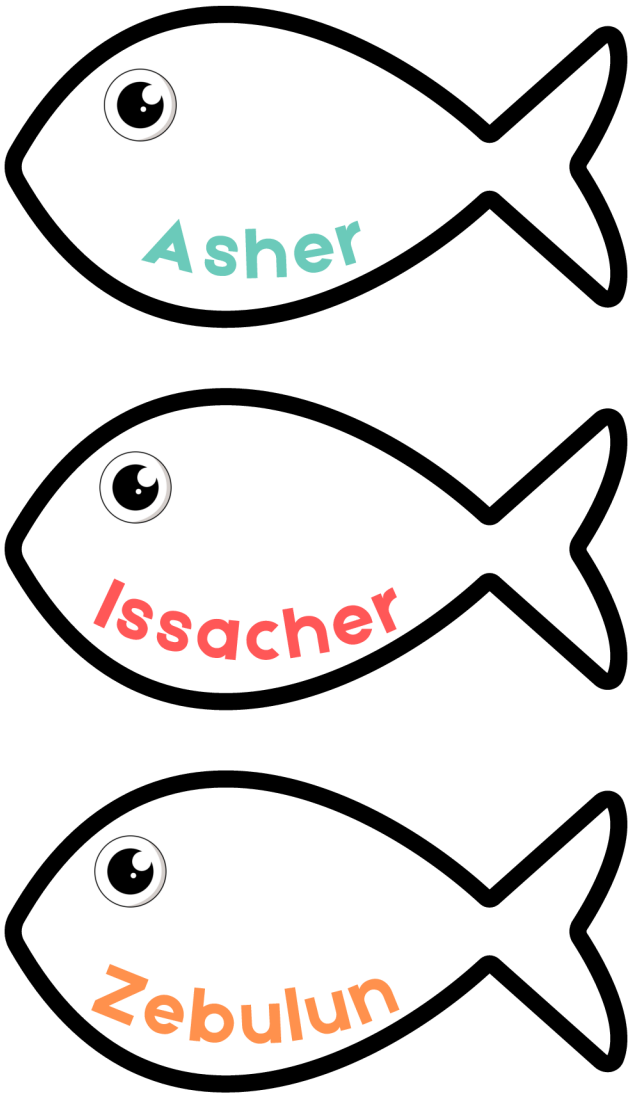
Directions:

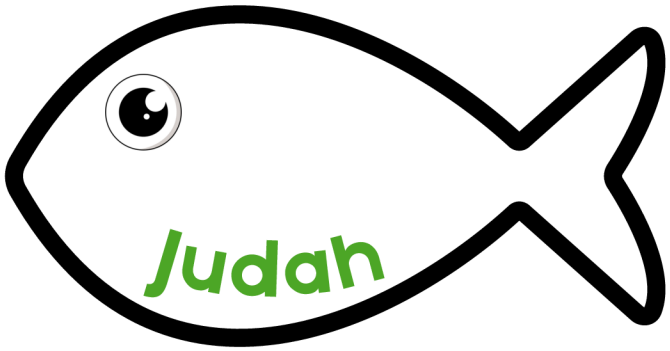
- Tie one end of the string to a stick in a knot.
- Tie the other end to the magnet.
- Spread out the fish you cut out.
- Catch your fish! Then ask your parent to read what tribe of Israel they came from.

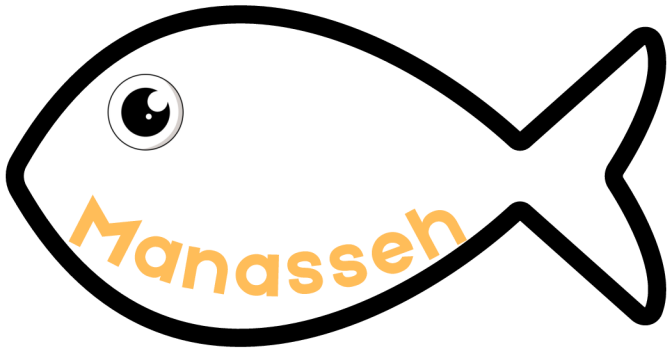


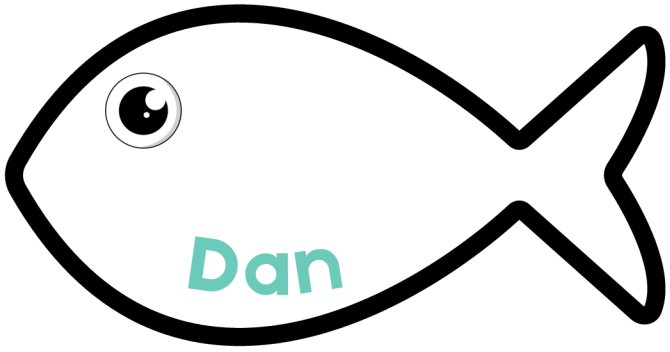
Each fish represents one of the 12 Tribes of Israel

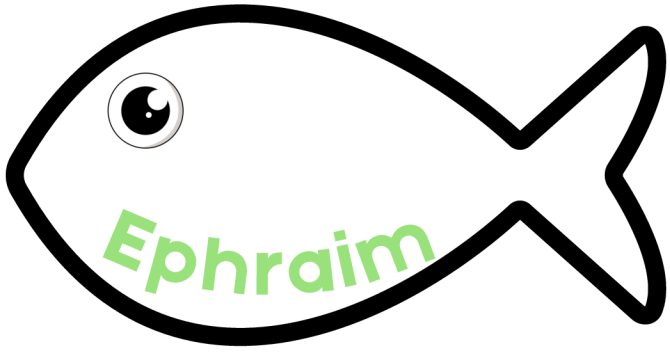


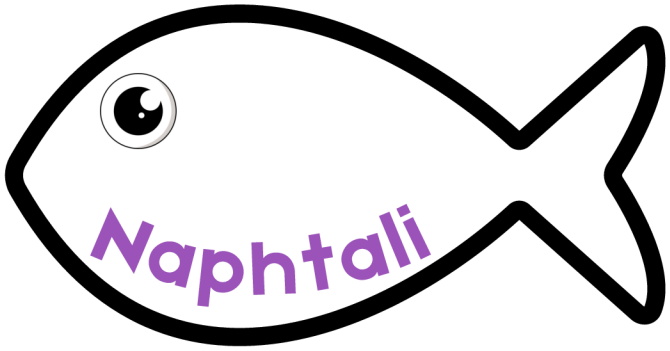


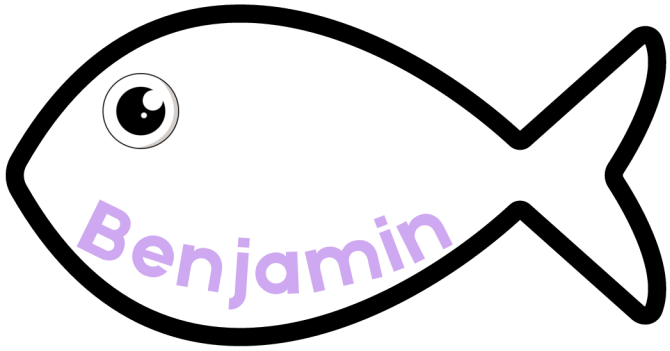

Judah


Manasseh


Dan


Ephraim


Naphtali


Benjamin

Come follow Me



HOMESCHOOL CURRICULUM
GRADES 4–8

Week of October 19th, 2026
Jeremiah 1–3; 7; 16–18; 20

Monday

"Before I Formed Thee in the Belly I Knew Thee"



Jeremiah didn't think he would be a good prophet at first. He felt too young and said he didn't know how to speak. But God told him that He would give him the words and reminded Jeremiah that he had been chosen even before he was born. With God's help, Jeremiah overcame his fear and warned the people and leaders of Jerusalem to repent. The same young man who thought he couldn't speak eventually felt God's message burning inside him so strongly that he couldn't stay silent.

Copy the scripture from Jeremiah 1:9 in your best handwriting. Then locate it in your copy of the Old Testament and using a colored pencil carefully highlight it.

Then the Lord put forth his hand, and touched my mouth. And the Lord said unto me, "Behold, I have put my words in thy mouth."

© Cherie Kahmann

We just had a chance to hear our prophet, President Dallin H. Oaks speak at General Conference. Just like Jeremiah the Lord can help put important words in our prophets mouth. Read these inspired thoughts our prophet shared at conference:

"HOLD ON TO THE FIRST ARTICLE OF FAITH, EVEN IF SOMETHING ELSE IS UNCERTAIN."



"TRUTH IS TO BE FOUND HERE — TRUTH ABOUT THE TEACHINGS OF THE LORD AND TRUTH ABOUT THE COVENANT PATH THAT WILL LEAD US TO OUR DESTINY — THE DESTINY DESIRED BY OUR HEAVENLY FATHER."

Takeaway: Jeremiah's experience is meant to teach you something, too. God knew you before you were born and prepared you for your own mission in life. Part of that mission is helping gather God's people and bringing them closer to Him. Even when you don't know exactly what to do or say, God promises to be with you, and can fill your mouth with His words, and help you be brave.

Tuesday

Prophets are called to speak God's word.

Pretend that you are hanging out with a friend and they overhear your parent mention they heard the prophet speaking at General Conference. Your friend asks, "What is a prophet?" Write down how you would explain what a prophet is:

In Jeremiah 1:4–19, you learn that prophets are chosen by God, even before they are born, and that God gives them the words they need to speak. Prophets warn people when they are doing wrong, but they also bring messages of hope. Jeremiah 7:1–7 shows that prophets call people to repent and change. Jeremiah 20:8–9 shows that God's message becomes so strong inside a prophet that they feel they must share it.

These verses also help explain what a living prophet does today. Jeremiah 1:10 says prophets "root out" and "pull down" things that are wrong—like sin, confusion, or false ideas. They "build" and "plant" things that help us grow spiritually, such as faith, peace, and obedience. A living prophet guides the Church, teaches truth, and helps us stay close to God.



Watch this video titled "Why Do We Have Prophets?" It can be found on this week's Come Follow Me page on The Church of Jesus Christ of Latter-day Saint's website.

When the Lord calls us to do a special job, He can provide us with the help we need to accomplish His work. Carefully copy the words the Lord said to Jeremiah in 1:19.

"And they shall fight against thee; but they shall not prevail against thee; for I am with thee," saith the Lord, "to deliver thee."

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Takeaway: Jeremiah's story shows that prophets don't rely on their own strength—they rely on God, who gives them courage and the words they need. Today's living prophet does the same work: helping us remove things in our lives that pull us away from God and encouraging us to build faith, kindness, and obedience. We can know the prophet is called of God by listening to his teachings, feeling the Spirit confirm them, and seeing how following his counsel brings us closer to Christ.

Wednesday

"They have forsaken me the fountain of living waters."



In Jeremiah 2:13, "broken cisterns" symbolize anything people turn to instead of God—false beliefs, idols, habits, or choices that cannot truly satisfy or save. A cistern can only hold water if it's whole; a broken one leaks and leaves you thirsty. A fountain, however, gives fresh water constantly. Choosing God—the "fountain of living waters"—means choosing a source of strength, truth, and spiritual life that never runs dry.

To forsake the "fountain of living waters" means turning away from God and relying on things that cannot spiritually sustain you. Jeremiah 2 and 7 show how the people did this: they worshipped idols, trusted in the temple without living righteously, and acted as if outward religious behavior could replace real obedience and devotion .

Scripture Analysis

Read Jeremiah 2:13

What do broken cisterns symbolize? _____

_____

_____

Why is a fountain better than a cistern? _____

_____

_____

What does it mean to "forsake the fountain of living waters"? _____

_____

_____

Evidence Hunt

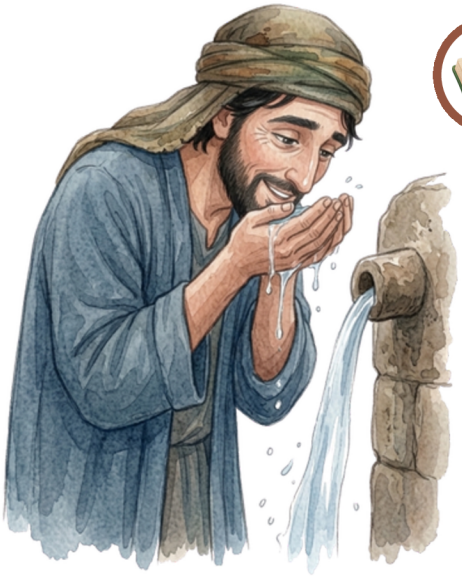
Search Jeremiah 2 & 7

In these chapters search for 3 ways that people were turning away from God's living water.

1

2

3



Modern Application

Read Jeremiah 7:21-23

One message God might have for you today:

_____

_____

_____

_____

How you can make your relationship with God more special:

_____

_____

_____

_____

A habit to "root out" of your life:

_____

_____

_____

_____

A habit to plant and nourish in your life:

_____

_____

_____

_____

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Takeaway: "Living water" is a powerful symbol of what the Savior gives: forgiveness, guidance, peace, and spiritual nourishment. You receive living water when you pray, study the scriptures, follow the prophet, repent, and feel the Holy Spirit.

Thursday God knew me before I was born.

In Jeremiah 1:5, Jeremiah learns that God knew him before he was born and had already chosen him to be a prophet. This truth would help Jeremiah feel confident and supported as he began his difficult mission. The same is true for you: God knew you before this life and prepared you for specific responsibilities.

Trace the excerpt from Jeremiah 1:5 then read the rest of the verse in your Old Testament.

Before I formed you in the belly I knew you!

Explain: What did Jeremiah learn about himself, and why would this help him as the prophet?

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Look up these scriptures, read them, then check them off.



BOOK OF MORMON
ALMA 13: 1 - 4

DOCTRINE & COVENANTS
138: 53 - 56





PEARL OF GREAT PRICE
ABRAHAM 3: 22 - 23

Write three truths you learned about your premortal life from these verses.

Takeaway: President Russell M. Nelson said this regarding your premortal life: "Your Heavenly Father has known you for a very long time. You, as His son or daughter, were chosen by Him to come to earth at this precise time, to be a leader in His great work on earth. You were chosen not for your bodily characteristics but for your spiritual attributes, such as bravery, courage, integrity of heart, a thirst for truth, a hunger for wisdom, and a desire to serve others." ("Decisions for Eternity", October 2013 General Conference). Hold this truth in your heart next time you are faced with an opportunity to be brave and be like Jeremiah of old, understanding your purpose.

Friday — The Lord will gather His people.

The Lord compares those doing the missionary work to gather scattered Israel to fishing and hunting. Watch the video by President Nelson about how YOU can help gather Israel. He invites us to look for those who want the gospel in every mountain, every hill, and under every rock! What does the Lord mean when he calls us hunters and fishers? Copy the verse from Jeremiah 16:16.



Video: A Message for Children from President Russell M. Nelson

I will send for many fishers and they shall fish them; and after will I send for many hunters, and they shall hunt them from every mountain.

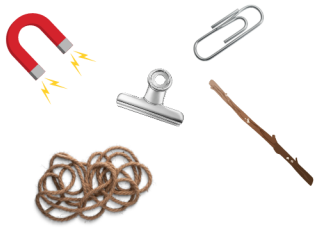
©Cherie Kahmann



Today you will be a fisher gathering Israel. If you have a younger sibling this will be a fun activity to play with them. If you don't, turn it into a challenging game. Take it outside and see how accurately you can cast your rod and catch a fish! First, you will need to build your rod. Instructions are below. Then, cut out your fish, and then attach a paperclip to their mouth. (If the cutting of them is difficult for young hands, they can cut around each fish in an oval or rectangle.)

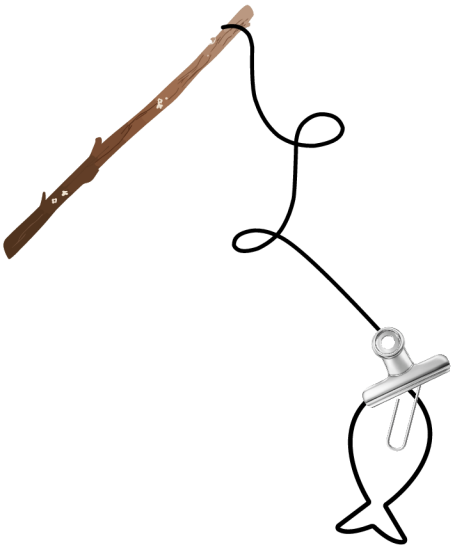
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- Wooden dowel/stick/pencil
- Long piece of string
- Magnet that can attach to the string
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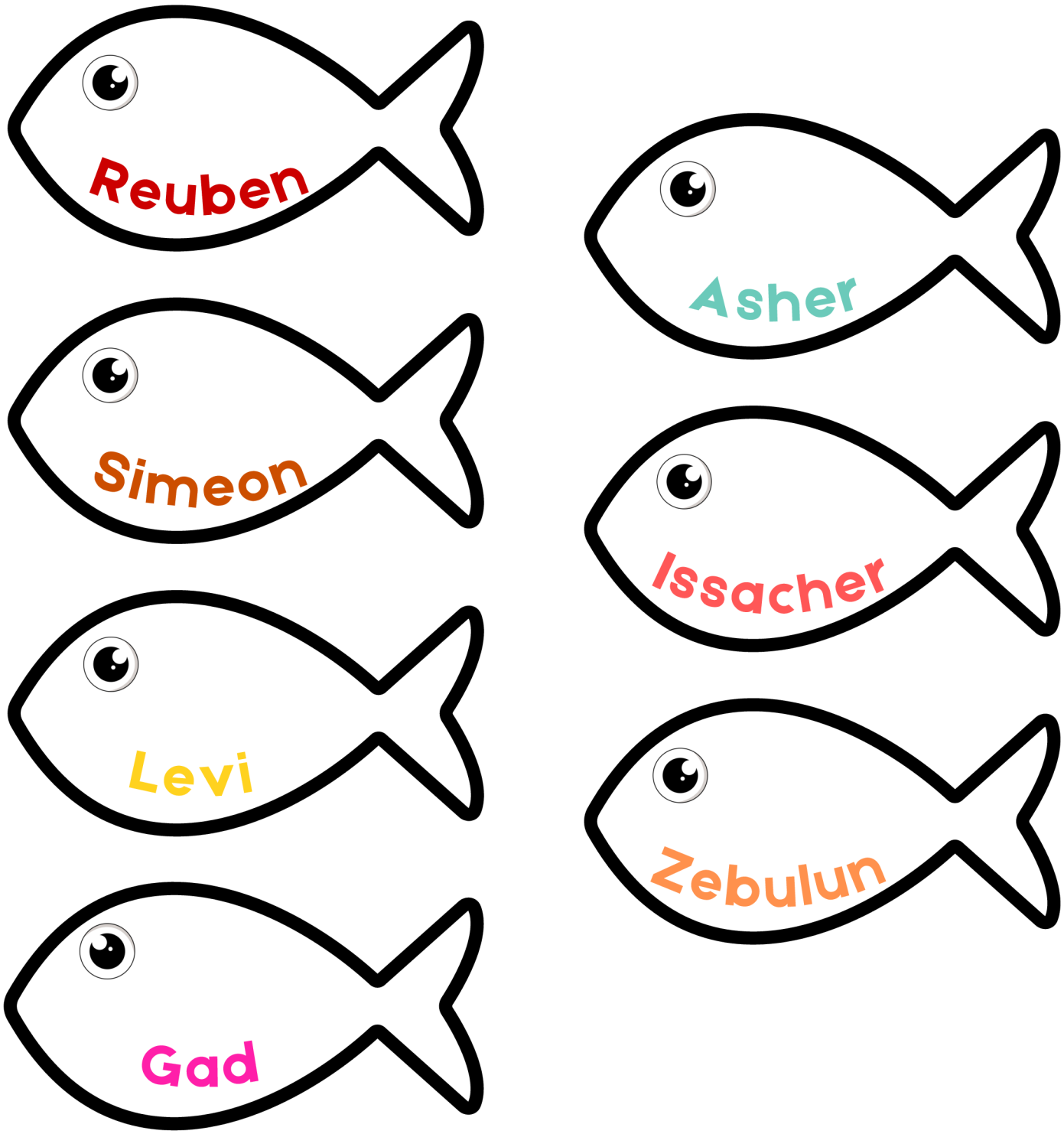


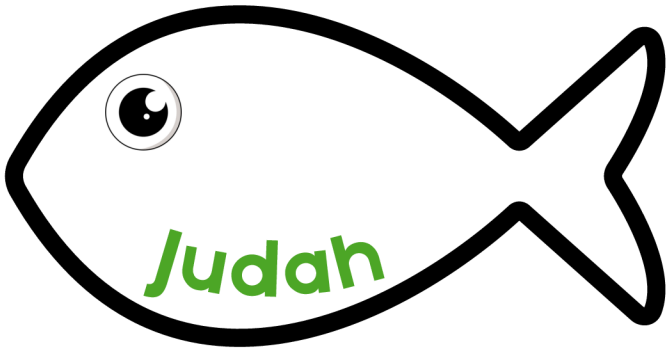
Directions:

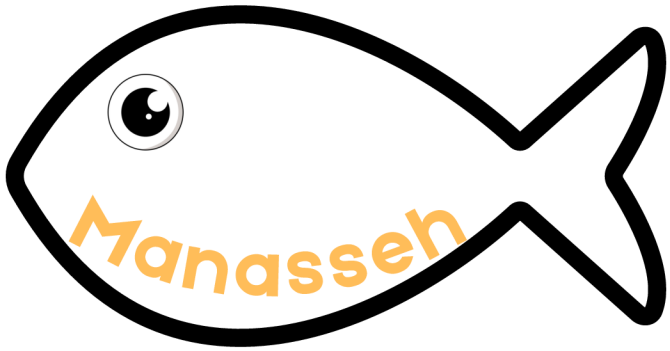
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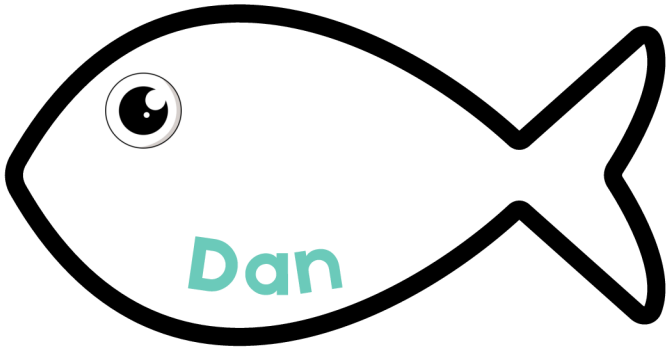


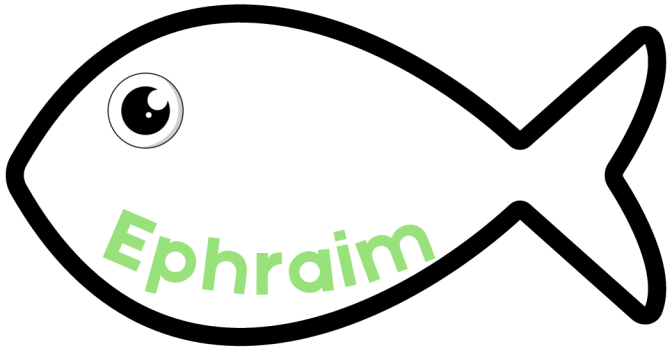
Each fish represents one of the 12 Tribes of Israel

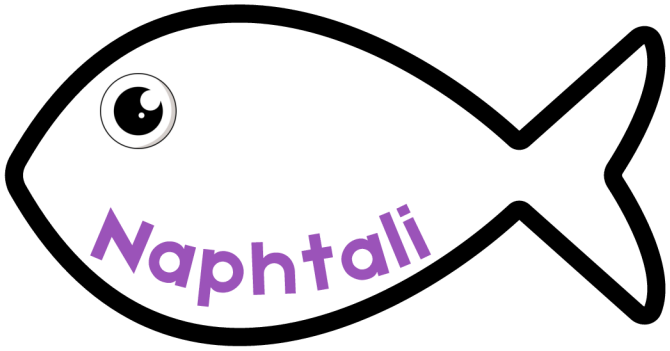


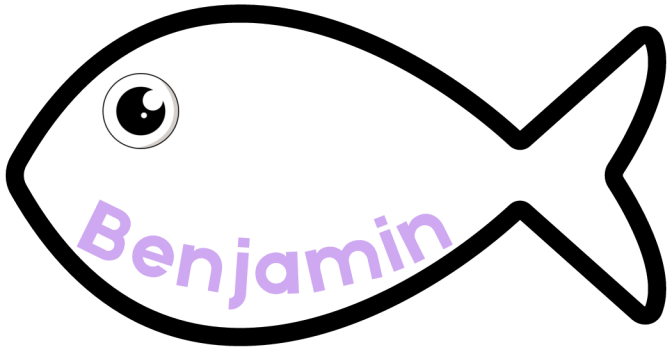

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