



Come Follow Me

HOMESCHOOL & FAMILY CURRICULUM
GRADES K-3

Week of September 14th, 2026
Isaiah 1-12

Monday

The prophet Isaiah was loved by God.



Isaiah

God loved Isaiah. God gave his prophet Isaiah important messages to write down. Isaiah listened carefully. Then, he wrote down the things God told him so others could learn. He wrote about God's love, God's plans, the importance of keeping the commandments, and what would happen in the future. He wrote a lot about the Savior. He even saw the latter days where we live now. Isaiah promised that someday God's people will be gathered together again, their land will become beautiful and full of life, and the Lord will live with them. They will be called Zion, a happy and righteous people.

Isaiah saw the Lord in a vision. He was so excited, then worried that he wasn't good enough. The Lord asked for help and Isaiah volunteered. Read the scripture and copy in your best handwriting from Isaiah 6:8:

I heard the voice of the Lord,

saying, Whom shall I send, and

who will go for us? Then said I,

Here am I; send me.

Takeaway: The Savior said, "Search these things diligently; for great are the words of Isaiah" ([3 Nephi 23:1](#)). Even though Isaiah spoke differently than we do, the Lord really wants us to study his words. One of the lessons we can learn is we should be eager to serve God whenever He calls upon us. We can do this by listening to the promptings of the Holy Ghost and acting on those promptings immediately: "Here am I! Send me!"

Tuesday

Because of Jesus Christ, I can repent and be clean.

Isaiah starts his book by calling the people to repent. What is repentance? Repentance means fixing things as best we can and then trying to be better the next time. Isaiah wanted the people to repent so they could have God's spirit with them. Let's read and understand Isaiah 1:16-18. After you have read each verse draw a picture in the bottom box that shows what the verse means OR write an example of how you can follow Isaiah's advice..

verse

16

Wash you, make you clean; put away the evil of your doings from before mine eyes; cease to do evil;



"Clean up your hearts and actions. Stop doing wrong things and choose to do what's good."



verse

17

Learn to do well; seek judgment, relieve the oppressed, judge the fatherless, plead for the widow.



"Learn to do what's right. Be fair. Help people who are treated badly. Take care of children who don't have parents and be kind to people who are alone."



verse

18

Come now, and let us reason together, saith the Lord: though your sins be as scarlet, they shall be as white as snow; though they be red like crimson, they shall be as wool.



"Come and talk with Me, says the Lord. Even if you've done wrong things, I can forgive you and make you clean again—clean like fresh snow or soft white wool."



Takeaway: Our Prophet President Nelson said, "When we choose to repent, we choose to change! We allow the Savior to transform us into the best version of ourselves. We choose to grow spiritually and receive joy—the joy of redemption in Him. When we choose to repent, we choose to become more like Jesus Christ!"

Wednesday In the temple, I learn about Jesus Christ.

God gave Isaiah a gift of seeing future times. He saw us! He saw a time when the Lord's temple would bring people from all nations to worship God. When you are in Young Mens or Young Womens you too will be able to go to the temple and help do baptisms and confirmations for those people who are angels waiting for someone just like you to help them. You can also ask a parent to share with you more about the temple.

verse

2

And it shall come to pass in the last days, that . . . the Lord's house shall be established in the top of the mountains, . . . and all nations shall flow unto it.



"In the last days, God's temple will stand high on the mountains. People from all over the world will come to learn about Him and feel His love."

verse

3

And many people shall go and say, Come ye, and let us go up to the mountain of the Lord, . . . and he will teach us of his ways, and we will walk in his paths.



"Many people will say, 'Let's go to the Lord's temple. He will teach us how to live, and we will follow in his path.'"



In your best handwriting, copy the scripture about the temple from Isaiah 2:2:

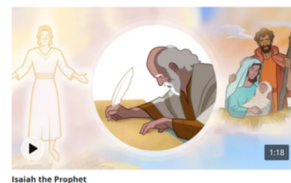
And it shall come to pass in the
last days, that the Lord's house
shall be established in the top of
the mountains and all nations
shall flow unto it.

Takeaway: We can prepare to enter the temple by preparing for baptism. We do this by learning about Jesus Christ, learning about covenants (like baptism), and then making decisions that help us have the Holy Ghost with us to guide us.

Thursday

Jesus Christ came to earth to be my Savior.

God gave Isaiah a gift of seeing the Savior and the Savior's mission on earth. He was able to witness the life of Christ, from His miraculous birth, to His death. Isaiah loved the Lord and knew He would save us. Watch or read "Isaiah the Prophet" in Old Testament Stories.



Do you have a special nickname that people call you? Isaiah wrote down some of his favorite names for the Savior. He recorded these in his visions in chapter 7 and 9. Read the scriptures and then find some of the names Isaiah gave to Christ in the word search.

Immanuel Means: God is with us.

Isaiah 7:14

"Behold, a virgin shall conceive, and bear a son, and shall call his name Immanuel."

Isaiah 9:6

"For unto us a child is born, unto us a son is given: and the government shall be upon his shoulder: and his name shall be called Wonderful, Counsellor, The mighty God, The everlasting Father, The Prince of Peace.

NAMES OF CHRIST WORD SEARCH



Word List

Immanuel
Wonderful
Counsellor
Mighty God
Everlasting Father
Prince of Peace
Sanctuary
Foundation
Corner Stone

Takeaway: Isaiah truly loved Christ! He prayed to God to know His Savior, he saw Christ, he testified of Christ, and he learned about Christ. You can do this too! You can pray, you can "see" Christ through the words in the scriptures, you can share your testimony of Christ, and you can learn about Christ.

As a family sing “I Love to See the Temple” and choose one or more of the following:

- Plan an FHE on repentance:
 - You can use the “Clean Again” example from the September 2024 Friend magazine below (© Church of Jesus Christ of Latter Day Saints) along with the quote by President Oaks.
 - There is also a worksheet attached to the “Come Follow Me” Manual under the title “More for Teaching Children.” It is the April 2023 Friend article on repentance. (see below)
- Watch “Isaiah: God’s Story” @crdschurchkc on YouTube.
- Watch “The Promise of a Savior Isaiah 9:6–7, Micah 5:2” by Saddleback Kids on YouTube.
- Watch “The Cookie Bookmark” on Gospel for Kids on YouTube (a story about repentance).
- Choose an article out of the Friend Magazine and read it together.

FROM THE FIRST PRESIDENCY

Repentance Is Joyful!

By President
Dallin H. Oaks
First Counselor in the
First Presidency

Repentance is a joy. It is an important part of God's plan. We all need to repent. To repent, we must begin with faith in Jesus Christ. We must forsake our sins and confess them. This means recognizing we did wrong, saying sorry to those we hurt, and agreeing to make better choices. We should also partake of the sacrament each Sabbath day.

When we repent, we will be clean. The Lord promises that He will “remember [our sins] no more” (Doctrine and Covenants 58:42). What a promise! What a miracle! What a blessing!

Our loving Savior opens His arms to receive all who repent and follow Him. ^a

Adapted from “Cleaned by Repentance,” Liahona, May 2018, 51–54.

2 FRIEND

Clean Again

Do this activity to help you learn about repentance!

Materials you need:

- 1 Fill a clear container with water. Then drop some rocks and dirt in the water. This represents the wrong choices we make.
- 2 To become clean again, we need to stop doing what is wrong. To represent this, take the rocks out of the container. How does the water look now? Is it still dirty?
- 3 To fully repent, we need Jesus Christ. We need to have faith in Him and His Atonement. Hold the container of water under a faucet. Let clean water run into the container until all the dirty water splashes out! This represents the power Jesus Christ has to help us become clean.

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REPENTANCE

We all make mistakes as we try to choose the right. But we can repent and be forgiven because of Jesus Christ's Atonement. Heavenly Father gives us the gift of repentance so we can always try again.

When I Repent:

I recognize that I made a wrong choice.

I say "I'm sorry" and do what I can to fix what I did.

I ask Heavenly Father for forgiveness.

I do my best to make good choices and keep God's commandments.

Atonement of Jesus Christ: The sacrifice Jesus Christ made when he suffered and died again. Because of his Atonement, we will live again after we die, and we can also repent.

Repentance: Asking Heavenly Father to forgive us and being given the strength to do better because of Jesus Christ and his Atonement.

How I feel when I repent:

Heavenly Father has wonderful blessings for you all along your path back to Him!

April 2023

Answer Key (for parents)



Solution

L	C	D	F	C	A	R	H	U	W	D	S	U	A	W
D	I	I	E	U	O	N	N	G	O	F	E	N	E	O
P	L	R	O	T	L	A	O	F	N	O	L	I	P	A
R	N	E	M	A	U	P	I	C	D	R	M	Y	I	E
I	O	E	U	F	A	O	T	R	E	U	O	P	F	O
N	I	R	N	U	G	Y	A	O	R	O	C	A	N	O
C	M	W	U	O	O	R	D	L	F	L	P	D	S	F
E	I	A	A	P	U	N	N	L	U	N	C	A	E	M
O	G	I	M	M	A	N	U	E	L	C	N	H	A	P
F	H	I	U	L	I	T	O	S	T	C	E	N	P	T
P	T	N	C	U	U	N	F	N	T	O	P	N	A	P
E	Y	L	E	M	O	S	D	U	S	O	D	F	N	P
A	G	E	E	E	U	R	A	O	L	D	N	P	A	R
C	O	A	A	H	U	R	N	C	L	P	R	H	E	O
E	D	E	R	E	Y	A	O	F	O	I	O	N	U	R

Come Follow Me

HOMESCHOOL CURRICULUM
GRADES 4-8



Week of September 14th, 2026

Isaiah 1-12

Monday

The prophet Isaiah was loved by God.



Isaiah was a prophet—a special messenger from God. He lived in Jerusalem a long, long time ago, more than 700 years before Jesus was born. Isaiah helped the people learn about God and taught the kings what God wanted them to do.

Many people loved Isaiah's teachings, and even Jesus and other leaders in the scriptures quoted Isaiah more than any other prophet. Isaiah wrote about things that were happening in his own time, but he also wrote about things that would happen far in the future. Some of those things have already happened, and some will happen later.

One of the most important things Isaiah taught was about our Savior Jesus Christ. Isaiah said Jesus would come as a baby ("For unto us a child is born") and that Jesus would come again someday as a great King to rule on the Earth during the millenium.

Isaiah also taught that God wants His people to choose what is right. When they don't listen, they can have hard times. But Isaiah promised that someday God's people will be gathered together again, their land will become beautiful and full of life, and the Lord will live with them. They will be called Zion, a happy and righteous people.

Copy the scripture in your best handwriting about the temple from Isaiah 2:2 , then carefully mark it in your scriptures.

And it shall come to pass in the last
days, that the mountain of the Lord's
house shall be established in the top of the
mountains, and shall be exalted above the
hills; and all nations shall flow unto it.

Takeaway: The Savior said, "Search these things diligently; for great are the words of Isaiah" (3 Nephi 23:1). Even though Isaiah spoke differently than we do, the Lord really wants us to study his words. One of the reasons Lehi felt impressed to send his sons back to Jerusalem was so that his family could have the words of Isaiah and the other prophets. God's words are very important and studying them helps us understand Him!

Tuesday

Prophets are called by God.

The prophet Isaiah had an incredibly unique and beautiful calling to become a prophet. Read Isaiah 6:1-11 and fill in the blanks with the missing words:

Isaiah 6:1

In the year that king Uzziah died I saw also the _____ sitting upon a throne, high and lifted up, and his train filled the _____.

Isaiah 6:2

Above it stood the _____: each one had _____ wings; with twain he covered his face, and with twain he covered his feet, and with twain he did _____.

Isaiah 6:5

Then said I, Woe is me! for I am undone; because I am a man of _____ lips, and I dwell in the midst of a people of _____ lips: for mine eyes have seen the _____, the Lord of hosts.

Isaiah 6:6

Then flew one of the _____ unto me, having a live _____ in his hand, which he had taken with the tongs from off the _____:

Isaiah 6:7

And he laid it upon my _____, and said, Lo, this hath touched thy lips; and thine _____ is taken away, and thy sin purged.

Isaiah 6:8

Also I heard the voice of the Lord, saying, Whom shall I send, and who will go for us? Then said I, "_____, _____."

Isaiah wasn't a perfect man, but he was willing to help the Lord. What can we learn about the example of Isaiah when it comes to accepting opportunities to serve?

Takeaway: At some point you'll be asked to help, to show up in where the Lord needs you most. Like Isaiah you can respond readily, that you want to be worthy and that you are willing to serve when and where you are called.



Wednesday

God will do a great work in the latter days.

Isaiah's prophecies have been meaningful to so many generations that sought God and his teachings. Even in our day his words have special meaning.



All Nations Shall Flow unto It

Watch the video from the Come, Follow Me page by Elder Renlund titled "All Nations Shall Flow Unto it." Then, copy the words from Isaiah 2:3 in your best handwriting:

And many people shall go and say,
"Come ye, and let us go up to the
mountain of the Lord, to the house of the
God of Jacob; and he will teach us his
ways, and we will walk in his paths."

Isaiah chapters 11-12 talk about what the last days will look like as we prepare for the coming of the Lord and after He comes. Color in the heart if you think Isaiah's prophecy is good and will be joyful, draw an 'X' through the heart if it makes you sad.

Isaiah 12:1



And in that day thou shalt say, O Lord, I will praise thee: though thou wast angry with me, thine anger is turned away, and thou comfortedst me.

Isaiah 12:3



Therefore with joy shall ye draw water out of the wells of salvation.

Isaiah 11:9



They shall not hurt nor destroy in all my holy mountain: for the earth shall be full of the knowledge of the Lord, as the waters cover the sea.

Isaiah 11:1-2



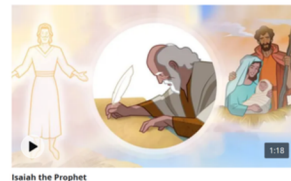
And there shall come forth a rod out of the stem of Jesse, and a Branch shall grow out of his roots: And the spirit of the Lord shall rest upon him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and of the fear of the Lord;

Takeaway: Isaiah's prophecies about the coming of Christ tell us that we will be watching the world come to the temple and we will turn our hearts to God and feel His love for us. As we center our lives on Christ and the joy He can bring us we will feel peace about our beautiful future!

Thursday

God promised to send Jesus Christ to be my Savior.

God gave Isaiah a gift of seeing the Savior and the Savior's mission on earth. He was able to witness the life of Christ, from His miraculous birth, to His death. Isaiah loved the Lord and knew He would save us. Watch or read "Isaiah the Prophet" in Old Testament Stories.



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NAMES OF CHRIST WORD SEARCH



E	M	I	G	H	T	Y	G	O	D	M	S	A	A	P
G	C	O	R	N	E	R	S	T	O	N	E	C	A	R
O	O	F	D	N	E	E	E	E	L	R	C	E	E	I
U	A	M	E	S	U	D	N	L	I	L	N	G	U	N
I	S	O	O	C	N	W	D	R	I	F	E	U	R	C
S	C	F	R	O	S	O	O	D	N	H	E	P	F	E
A	F	N	D	G	D	N	O	R	E	N	F	T	O	O
N	D	N	T	T	F	D	D	T	R	E	R	F	U	F
C	N	R	O	L	L	E	S	N	U	O	C	T	N	P
T	L	E	T	S	E	R	D	E	E	S	N	M	D	E
U	T	O	S	F	T	F	U	N	F	N	E	E	A	A
A	A	P	S	L	F	U	T	H	T	C	E	A	T	C
R	E	N	L	L	C	L	G	C	L	A	E	R	I	E
Y	L	E	U	N	A	M	M	I	F	S	O	A	O	C
E	O	N	R	N	N	L	N	I	H	C	M	D	N	Y

Word List

Immanuel
Wonderful
Counsellor
Mighty God
Everlasting Father
Prince of Peace
Sanctuary
Foundation
Corner Stone

Bonus Challenge: Listen to Handel's "Messiah" (Hallelujah chorus) and see if you have heard it before!

Takeaway: Isaiah truly loved Christ! He prayed to God to know His Savior, he saw Christ, he testified of Christ, and he learned about Christ. You can do this too! You can pray, you can "see" Christ through the words in the scriptures, you can share your testimony of Christ, and you can learn about Christ.

As a family sing “I Love to See the Temple” and choose one or more of the following:

- Plan an FHE for your family themed on the beauty of repentance.
 - Possible ideas: Have your family fold a paper into four sections. Have them draw an apple tree for each season (winter, spring, summer, fall). Relate this to repentance and how as we repent we change and there is beauty in that change. Read scriptures from Isaiah on the section about repentance in the Come, Follow Me Manual.
- Watch “Book of Isaiah Summary: A Complete Animated Overview (Part I)” by The Bible Project on YouTube.
- Learn about Handel’s “Messiah”. Free resource by www.musicinourhomeschool.com if you search “Handel’s Messiah” she has a 10 page free resource.
- Go through the “Scripture Helps” on the Come Follow Me website page for this current week.
- Read an article from “For the Strength of Youth”
- Spend some time reading and studying a section in the new “For the Strength of Youth” manual.
- Watch “Repentance: A Joyful Choice” on Strive to Be Music on YouTube.
- Listen to the podcast “Follow Him” with John Bytheway and Hank Smith on Isaiah while you do something relaxing with your hands (coloring, designing, sewing, etc.)



AUTUMN



WINTER



SPRING



SUMMER

Answer Key (for parents)



Solution

E	M	I	G	H	T	Y	G	O	D	M	S	A	A	P
G	C	O	R	N	E	R	S	T	O	N	E	C	A	R
O	O	F	D	N	E	E	E	E	L	R	C	E	E	I
U	A	M	E	S	U	D	N	L	I	L	N	G	U	N
I	S	O	O	C	N	W	D	R	I	F	E	U	R	C
S	C	F	R	O	S	O	O	D	N	H	E	P	F	E
A	F	N	D	G	D	N	O	R	E	N	F	T	O	O
N	D	N	T	T	F	D	D	T	R	E	R	F	U	F
C	N	R	O	L	L	E	S	N	U	O	C	T	N	P
T	L	E	T	S	E	R	D	E	E	S	N	M	D	E
U	T	O	S	F	T	F	U	N	F	N	E	E	A	A
A	A	P	S	L	F	U	T	H	T	C	E	A	T	C
R	E	N	L	L	C	L	G	C	L	A	E	R	I	E
Y	L	E	U	N	A	M	M	I	F	S	O	A	O	C
E	O	N	R	N	N	L	N	I	H	C	M	D	N	Y

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Above it stood the seraphims: each one had six wings; with twain he covered his face, and with twain he covered his feet, and with twain he did fly.

Isaiah 6:5

Then said I, Woe is me! for I am undone; because I am a man of unclean lips, and I dwell in the midst of a people of unclean lips: for mine eyes have seen the King, the Lord of hosts.

Isaiah 6:6

Then flew one of the seraphims unto me, having a live coal in his hand, which he had taken with the tongs from off the altar:

Isaiah 6:6-7

Then flew one of the seraphims unto me, having a live coal in his hand, which he had taken with the tongs from off the altar: And he laid it upon my mouth, and said, Lo, this hath touched thy lips; and thine iniquity is taken away, and thy sin purged.

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Also I heard the voice of the Lord, saying, Whom shall I send, and who will go for us? Then said I, Here am I; send me.